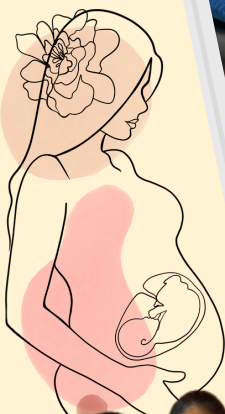


CHIROPRACTIC CARE DURING PREGNANCY CAN HELP:

- Relieve back, neck, and joint pain.
- Improve pelvic alignment, which may facilitate in optimizing fetal positioning.
- Reduce nausea and headaches.
- Support overall comfort during pregnancy.



CHIROPRACTIC CARE FOR EXPECTING MOMS

Pregnancy brings significant physical changes, including weight gain, postural shifts, and increased pressure on the spine and joints.

At JAYA® Chiropractic, our Webster certified Chiropractor specializes in providing safe, gentle and effective chiropractic care tailored specifically for expectant mothers.

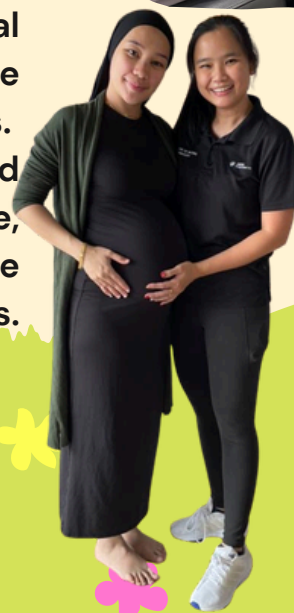
CONTACT US

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BENEFITS OF PAEDIATRIC CHIROPRACTIC CARE INCLUDE:

- Improved sleep patterns.
- Enhanced immune function.
- Reduced colic and digestive issues.
- Better posture and spinal development.
- Improved concentration and behaviour.

CHIROPRACTIC CARE FOR BABIES AND CHILDREN

Children of all ages undergo rapid growth and development, making spinal health an essential part of their well being.

At JAYA® Chiropractic, our dedicated paediatric chiropractors specialize in providing gentle, safe and light-pressure adjustments to support the nervous system of young bodies.

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